



Embassy of the United States of America
 Quito, Ecuador Consular Section



Local Medical Providers

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Key: (T) **Tricare Participant** (*) **U.S. Trained: Medical Studies, Fellowship, or Residency** (E) **Speaks English**

ALLERGY				
Dr. Rommel Valdivieso	Asthma, allergies, derm	Centro Medico Meditropoli Building, 1st floor, office 113	226-8051	E
Dr. Sergio Barba	Allergist, Immunologist	Vozandes N39-158 y Av. America, Centro Medico Integral AXXIS, 5th floor, off 509	225-7731 224-2116 382-4440 099-778-4599	E
Dr. Gualberto Arias	Allergy, Asthma, Immunology	Centro Medico Meditropoli Av. Mariana de Jesus y Nicolas Arteta. 4th floor, office 415 gariass@hmetro.med.ec	02-226-0555 099-949-8795	* E
AA- ALCOHOLICS ANONYMOUS				
New Horizons	English Speaking Support Group Meets Saturday mornings 11 a.m.	1431 Isabel la Catolica N26-31 St. Nicholas Church (lower level of the church)	alcoholicsanonymousquito.com 098-318-3124	E
ALTERNATIVE MEDICINE				

Dr. Melanie Johnson	Acupuncturist Tao Wellness Center info@taowellness.com.ec	Av. Gaspar de Villaroel E10-121 y 6 de Diciembre, Plaza 6 Building, 5 th . Floor, Office 54	336-0857 336-0898 099-273-9111.	E
Paulina Andrade	Masseuse	House Calls	099-877-4531	
Debbie Camino	Masseuse	House Calls	099-281-3454	E
AUDIOLOGY				
ProAudio	Hearing tests, hearing aides www.proaudio.ec Tinnitus Clinic on Tuesdays and Thursdays	CC el Recreo	261-0150 289-4246 388-0500	
CARDIOLOGY				
Dr. Christian Fierro	General Cardiology	Centro Medico Meditrópoli Mariana de Jesus y Nicolas Arteta 3rd. Floor, Office 316	226-0586 226-8968 099-202-6633	* E T
Dr. Alberto Cardenas	General Cardiology	Hospital de los Valles Especialidades Médicas Building, 2nd. Floor, Office 234 dr.cardenas.ruales@gmail.com	351-9056 351-9057	E
Dr. Patricio Navarro	Interventional Cardiology Hospital Los Valles	Hospital de los Valles Especialidades Médicas Building, 2nd. Floor, Office 234 grupomedico234@gmail.com	351-9056 351-9057 099-463-0672 098-497-2387	E T
Dr. Patricia Cortez	Pediatric Cardiologist	Centro Medico Meditropoli 3rd. Floor, Office 310	226-7964	
DENTAL				
Clinica DENT Dra. Sofía Mantilla	Orthodontist, Invisalign, TMJ splints, implants, gen dentist care, Pediatric www.dent.com.ec	Francisco Salazar E10-37 between Jose Tamayo and 12 de Octubre, Atlantic Building, office 301 (across from Swissotel)	254-2977 223-9529 Cumbaya:	* E

Dr. Ana Alvarez	Orthodontist (NYU)	Office in Cumbaya: Calle Padre Luis Garzon y Garcia Moreno. Ed, Cumbayá Garden, Oficina 203	600-3545 099-958-8269	
Dr. Marcelo Costales / Dra. Ma. Fernanda Mora	General dentistry and pediatrics / Orthodontics	CLINICA DENTAL E12-107 y San Ignacio.	223-8140 222-3703	T
Dra. Andrea Molina	Orthodontists, Invisalign, General Dentistry www.dental-planner.com	DENTAL PLANNER Edificio Livenza Medical Center Calle Vozandes N39-34 y Juan Diguja Tercer Piso Oficina 302 dent.planner@gmail.com	099-829-0062 3-319-327	E
Dr. Diego Arcos	General dentistry and pediatric. Peds dentist: Maria Escudera	Av. 6 de Diciembre y Bossano. Titanium Building Office 303	333-2841 333-2839 333-2001 x 105	E
Dra. Maria Escudero	Pediatric Dentist	Av. 6 de Diciembre y Bossano. Titanium Building Office 303	333-2841 333-2839 333-2001 x 105	E
Dr. Fernando Sandoval Dr. Fernando Sandoval (son)	Oral Surgeon (max/facial)	Universo E8-14 y Shyris	246-7137 099-993-2430	* E
DERMATOLOGY				
Dra. Alexandra Mancheno	General Dermatologist	Hospital Axxis Av. 10 de Agosto N39-155 y Diguja Mezzanine Consultorio 9 3980100 ext 1220	398-0100 ext 1220	E
Dr. Harvey Pazmiño (son)	Good with skin checks and biopsy. Late afternoon appts.	Vozandes 260 y Avenida America 2nd floor, office 201 Centro Medico Integral AXXIS	382-440 ext:200 098-709-6183	* E
Dr. Cesar Sandoval	General Dermatologist	Meditropoli Building 6th floor, office 617	226-9092	E T
Dra. Martha Pardo	General Dermatologist	Hospital de los Valles Especialidades Médicas Building 2 nd . Floor, Office 243	351-6280 099-961-1838	E
ENDOCRINOLOGY				
Dr. Mauricio Perez de la Puente	Endocrinologist	Meditropoli Building, 1 st . floor, Office 111 Hospital de los Valles Especialidades Médicas Building	226-8050 Quito 237-8899 Cumbaya	E T

		3 rd . Floor, Office 307		
Dra. Paola Jervis	Endocrinologist	Meditropoli Building, 1 st . floor, Office 111	226-8050	E
ENT				
Dr. José Letort	Ears, nose, and throat	Centro Medico Picasso Calle B N31-124 y Mariana de Jesus, Quito	226-8281	E T
Dr. Ramiro Yopez Reinhart	Ears, nose, and throat	Metropolitano Hospital, Torre 1. 3rd Floor #303, Quito	245-9547	E
GASTROENTEROLOGY				
Dr. Ana Vinueza	Gastroenterologist, endoscopy, colonoscopy	Centro Medico Meditropoli, Mariana de Jesus y Nicolas Arteta, 6 th floor, office 611	224-9114 ana_vinueza@yahoo.com.br	E
Dr. Fabian Vasconez	Pediatric Gastroenterologist	Av. Mariana de Jesus y Calle B, Centro Medico Metropolitano, 2 nd floor, office 201	225-7979 favasconez136093@hotmail.com	
Dr. Gustavo Torres	Gastroenterologist gustavo.torres58@hotmail.com	Hospital de los Valles Especialidades Médicas Building, 3rd. Floor, Office 301	237-8984 099-4873-484	E
Dr. Enrique Hidrobo	Gastroenterologist ehidrobo@yahoo.com	Hospital De Los Valles, Especialidades Médicas Building, Torre 2, 3rd. Floor, Office 333	450 8570 098-023-7884	E
HEMATOLOGY				
Dr. Rafael Febres Cordero	Hematologist	Universidad San Francisco Clinics (Quito and Cumbaya)	394-9000 099-990-6537	T E
HEPATOLOGIST				
Dr. Juan Jose Suarez	Hepatologist / Liver transplants	Av. 10 de Agosto N39-155 y Diguja, 6th floor, office 608 Axxis Hospital	398-0100 Ext. 1060	
Dr. Enrique Carrera	Hepatologist	Edificio Fortune Plaza Av. Eloy Alfaro e Italia Office 808	380-1643 382-5104 097-953-6894	E

INFECTIOUS DISEASES				
Dr. Juan Jose Romero	Infectious Disease and Internist	Av. Eloy Alfaro N29-214 y Alemania, Radiology Institute Building (right next to Clinica Pasteur) 2nd. Floor, Office 201	252-7346 098-487-2272	E
Dra. Joanna Acebo	Infectious Disease (Peds)	San Gabriel & Nicolas Arteta Torre 2 (Behind Metro Hospital) 3rd. Floor, Office 313	322-0002 099-433-3760 joannaacebo@yahoo.com.br	
INTERNAL MEDICINE				
Dr. Pablo De la Cerda	Internist	Hospital de los Valles, Av. Especialidades Médicas Building, 4th. Floor, Office 429	453-4224 098-708-6228	* E
Dra. Patricia Durán	Internist	Torre Medica II Nicolas Arteta y San Gabriel 1st. Floor, Office 107	322-0063	E
MENTAL HEALTH – PSYCHIATRY				
Dr. Adrian Lozano	General Psychiatry	San Gabriel y Nicolas Arteta Torre Medica 2 (Behind H. Metropolitano) 3rd. Floor, Office 307	322-0054 099-970-0253	E
Dr. Pedro Perez	General Psychiatry and specializes in Child psychiatry	Torre I Hospital Metro 3rd. Floor, Office 309	244-2864	* E
Dra. Claudia Chávez	Psychiatry Children and Teens	San Gabriel y Nicolas Arteta Torre Medica 2 (Behind H. Metropolitano) 3rd. Floor, Office 307	322-0054 098-447-2805	E
San Jose Marina	Psychiatric Center	Pedro Bruning y Luis Cordero s/n Nayon	288-4083 0997 770 252	E
MENTAL HEALTH – PSYCHOLOGY/SPECIAL NEEDS RESOURCES				
The Truman Group Dr. Sean Truman	Online Counseling – therapists work with expat populations via	www.truman-group.com	U.S. (651) 964-0224	* E

	skype or phone			
Lorena Cordovez	Psychologist – Marriage and Family Therapy	Begonias y Stefano Madero, esquina La Primavera, Cumbayá ConCiencia lcordovez@psicologiaconciencia.com	600-9115 099-923-2143	E
Daniela Serrano	Neuropsychologist – diagnostics and assistance for children with learning disabilities, autism, special needs, behavior/school issues www.psicologiaconciencia.com	Begonias y Stefano Madero, esquina La Primavera, Cumbayá ConCiencia dserrano@psicologiaconciencia.com info@psicologiaconciencia.com	099-944-6387 600-9115	E
Karina Callejas	Child and Family Psychologist	Begonias y Stefano Madero, esquina La Primavera-Cumbayá kcallejas@psicologiaconciencia.com	099-782-9583 600-9115	* E
Claudia Faini	Floor time Therapist www.psicologiaconciencia.com	Begonias y Stefano Madero, esquina La Primavera, Cumbayá cfaini@psicologiaconciencia.com	099-980-6727 600-9115	* E
Valeria Troya	Educational Psychologist	valetroya@edpsych.org	097-908-9520	E
Emily Finn	Occupational Therapist	ejfynn@gmail.com	0985446369	E
Daniela Troya	Child Psychologist	Isla Isabella N43-205 y Rio Coca	225-1529 099-082-2316	* E
NEPHROLOGY				
Dr. Fernando Jimenez	Nephrologist	Centro Medico Meditropoli Av. Mariana de Jesús OE8 y Occidental 5th. Floor, Office 516	245-0923 099-621-1165	
NEUROLOGY				
Dr. Magdalena Gomez	Neurologist	Centro Medico Metropolitano, consultorio 112, 1st floor	246-0402	E
Dr. Dennis Lopez Naranjo	Pediatric Neurologist – specialist in Developmental Delays, Autism	Av. Mariana de Jesus y Nuñon de Valderrama Edificio Citimed, Of. 601-604	351-9296 099-584-7093	E

	Drdennislopez78@hotmail.com			
Dr. Nelson Maldonado	Neurologist	Consultorios Medicos Hospital de Los Valles, office 238	292-6167 099-575-2443 095-893-0408	* E
Dr. Patricio Abad	Neurologist, specializes in Multiple Sclerosis	Av Mariana de Jesus y Nuñon de Valderrama Edificio Citimed, Of. 544-545	322-0270 / 90 099 773 9222	
Dr. Ramiro Montenegro	Neurologist	San Gabriel y Nicolas Arteta Torre Medica # 1, 4fd floor, office # 408	243-2015 099-691-2955	
NUTRITION & METABOLISM				
Stephanie Gabela, MPH RD	Dietician, Adults and Peds, Children with feeding issues, maternity	saludint@hotmail.com	098-824-4436 * Not allowed to work as a nutricionist anymore. She teaches at Universidad de las Américas.	* E
Dra. Yedid Valcarcel	Nutritionist Diabetes Education	Hospital Metropolitano Torre Medica 1, lobby level office 2 San Gabriel y Nicolas Arteta	226-9830 399-8000 322-0224 ext 3601 099-321-7490	E
OBSTETRICS & GYNECOLOGY				
Dra. Diana Cañizares	OB/GYN	Torre Médica II San Gabriel y Nicolás Arteta 3rd. Floor, Office No. 304	322-0243 099-922-5631	E
Dr. Juan Molina	OB/GYN	Meditrópoli Building, 2nd floor, Off #215	226-0583 ext. 210	
Dr. Pablo Valencia	OB/GYN Infertility Specialist	Centro Ecuatoriano de Reproduccion Humana Jose Orton N30-34 y Paul Rivet	381-1880/1/2 0999 928 750	E
Dr. Andrés Córdova	OB/GYN	Torre Medica 1 San Gabriel y Nicolas Arteta 4th. floor, Office 401	2265284 099 809 1455	E
Dr. Mauricio Corral	OB/GYN	Meditrópoli Building, 2nd floor, Off #215	226-0583 ext. 207	E
Miriam Molina	Prenatal Classes and early stimulation 3 mos. to 2 year olds www.mimosbebe.com.ec	Plaza del Rancho n37 Via Tanda	351-4634 099-811-4458	

OPHTHALMOLOGY

Dr. Juan Moreno	Adult and Peds – easy to get appointment / Optometry- Lasik/PRK jmoreno@pi.pro.ec oiosjp@gmail.com	Santa María E4-399 y Amazonas	252-7300 ext. 2 for appts 099-133-5196	* E T
Dra. Andrea Molinari	Pediatrics (glasses) Back up – Dra. Vargas	Meditropoli Building, 2nd floor, off 211	226-8173	* E
Dr. Jose Pitarque	Adult and Lasik/ PRK	Meditropoli Building, 2nd floor, Suite 211 Quito	226-8173	* E
Dra. Mariana Mata	Ophthalmologist	Meditropoli Building, 2nd floor, Suite 211 Quito	226-8173 226-8174	E
Optic Spectrum	Glasses and contacts	Lobby of Hospital Metro clinic	226-6950	

ORTHOPEDICS

Dr. Esteban Holguin	General (knee, hip, shoulder)	Torre Medica No. 3, Nicolas Arteta y San Gabriel, 5th. Floor Office 501 Hospital de los Valles	322-0021 099-222-0281	* E T
Dr. Santiago Ponce	General (Knee, hip, foot)	Centro Medico Metropolitano Av. Mariana de Jesus y Occidental Lobby level, Office No. 5 drsantiagoponce@gmail.com	246 0406 099 058 6369	E
Dr. Edison Ahtty	Spine	Torre Medica No 3 Nicolas Arteta y San Gabriel Esquina 5to piso of 505	322-0262	E
Dr. Jaime Moyano	Spine	Torre Medica No 3 Nicolas Arteta y San Gabriel Esquina 5to piso of 506	322-0040	E
Dr. Francisco Vallejo	Pediatric Ortho	Torre Medica II, 2nd floor, office 206	322-0023 093-921-1575	

PAIN MEDICINE

Dr. Esteban Reyes	Pain and Palliative care, epidurals	Centro Medico Meditropoli Mariana de Jesus OE-8 y Occidental Office 507, 5th floor.	244-4237	E
Dra. Brigitte Martineau	Pain Management	Medical Specialties Building Av. Interoceanica Km 12-1/2 Torre II, 1st floor, office 127 Cumbaya	351-5017 351-4871	E
PEDIATRICS				
Dr. Francisco Xavier Jijon	Pediatrics	Centro Medico Metropolitano, 3rd floor, off 309, and in Cumbaya *	225-8042 099-970-5250	* E T
Dr. Fernando Aguinaga	Neonatologist, Pediatrics, and experienced with Special needs	Isla Isabella N43-205 y Rio Coca Centro Medico Meditropoli, 2nd. Floor, Office 209	225-1529 226-9087	* E
Dr. Stefan Mandakovic (US Board certified)	Pediatrics stefanmf@hotmail.com	Centro Medico Metropolitano, 3rd floor, office 309	225-8042 098-874-0377	* E
PHYSICAL THERAPY				
Dra. Gabriela Arevalo Dr. Fernando Arevalo	Physiatrist – Physical Therapy	Torres Medica II (buildings behind Hospital Metropolitano) Lobby level, office 13 San Gabriel y Nicolas Arteta Quito	322 0014 098-338-5033	E T
Cecilia Arevalo	P.T. – specializes in children & neurorehab	Centro Medico Meditropoli Subsuelo C	399-8035	* E
Dra. Iliana Gonzalez	Physiatrist – therapy for all ages PT, ST, OT, etc.	Meditropoli Building, Ground Floor. / Cumbaya	226-7890 099-923-9364	T
Medical Track	www.medicaltrack.com.ec Physical and Occupational Therapy, Respiratory and Cardiac Rehab, fitness training.	Axxis Hospital, Av. 10 de Agosto N39-155 y Diguja Isel Domínguez Michelle Basantez	224-0852 398-0100 ext. 1240	E
PLASTICS				

Dr. Aldo Muirragui	Plastic surgeon (International Society of Aesthetic Plastic Surgery)	Hospital de Los Valles, Av. Interoceanica y Florencia, Especialidades Medicas Building, Office 117 Cumbaya	237-8805 237-8808 099-846-3600	E
Dr. Armando Serrano ajosesgr@hotmail.com	Plastic Surgeon	Av. Mariana de Jesus, Meditropoli Building, lobby level, office 18	224-3696 099-745-9221	E
Dr. Diego Teran	Plastic surgeon	Calle San Gabriel & Nicolas Arteta, Torre Medica III, Office 402 – Quito Hospital de los Valles, office 218 – Cumbaya	322-0134 322-0152 (Quito) 604-0795 099-601-7245	* E
Dr. Diego Palacios	Plastic Surgeon	Centro Medico Meditropoli, 4 th . Floor, Office 411 Hospital de los Valles, Especialidades Medicas Building, 4 th . Floor, Office 440	224-0225 351-6700	E
PULMONOLOGY				
Dr. Enrique Noboa	Pulmonologist	Hospital de los Valles Especialidades Medicas Building, 2 nd . Floor, Office 238	292 6167 0998313038	T
Dr. Francisco Tamayo	Pulmonologist	Centro Medico Meditropoli Of 514 Hospital Metropolitano	224-3432 099-242-5221	* E
Dr. Cesar Delgado	Pulmonologist	Centro de Especialidades Respiratorias Calle B N3126 y San Gabriel	226-9048 226-9049	E
READING SPECIALIST				
Stephanie Brown	Reading Specialist sbcolorincolorado@gmail.com	Centro Colorin Colorado Calle del Establo e Interoceanica Cemacol Building	204-0284 099-747-3952	E
RHEUMATOLOGY				
Dr. Marilu Mestanza	Rheumatologist	Centro Medico Picasso "B" street and Mariana de Jesus, 2nd floor	604-2634	
Dra. Beatriz Leon	Rheumatologist	Centro Medico Meditropoli 2 nd . Floor, Office 209; also in Cumbaya-Fybeca Building, 1 st . Floor	226-9090 (Q) 298-6522 (C)	E

SLEEP STUDY				
Dr. Gaston Rodriguez	Sleep Study	Clinica Pichincha	290-0186	
Neurovida Clinica del Sueño	Sleep Study	Torre Medica III, 2 nd . Floor, Office 203 Nicolas Arteta & San Gabriel	322-0190	
SPEECH THERAPIST				
Erin Long	Online Speech Therapy, EFM	erin@worldwidespeech.com	Contact by email	* E
Katherin Segovia	Speech Therapist (bilingual) katherinsegovia15@hotmail.com	MDX Building, Office 213 Calle Siena y Machiavello	2897 107 099-348-6769	E
HABLA	Centro de Habilitación de Lenguaje y Audición	Quito: San Gabriel OE7-50 y Nuno de Valderrama, 5th. Floor Cumbaya: De las Avellanas 211 Urb. La Primavera, 2da. Etapa	Q: 252-9049 C: 355-4079	E
SURGERY				
Dr. Harry Dorn Arias	General Surgery (laceration repair)	Hospital de los Valles, Av. Especialidades Médicas Building, 4th. Floor, Office 429	453-4224 099-166-4304	* E
Dr. Jose María Aguirre	General and Breast	Hospital de los Valles Especialidades Médicas Building, 3rd. Floor, Office 333	450-8570 099 900 6094	T
Dr. Luis Burbano Bermejo	General Surgery	San Gabriel Medical Towers. Tower 1. 3rd floor of 310	243-1801	
Dr. Diego Noboa	Pediatric Surgeon	Torre 1, San Gabriel y Nicolas Arteta, Hospital Metropolitano, Office 409.	243-1704	* E
Dr. Eduardo Noboa	General Surgery	San Gabriel street Medical Tower building. Medical Tower 1.4th flor. office 409	243-1704	* E

UROLOGY

Dr. Francisco Cornejo	Urology, Women's Urogyn, and Vasectomy	Meditropoli Building, Mariana de Jesus Oe-8 y Av. Occidental, Office 15-16, lobby floor	226-0643 226-0644	E T
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